

Woden Thunder Athletics Meet Records

U6	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
50m	9.7	K. Cheyne	3/09/1992	8.9	J. Godwin C. Carter	6/02/2004 30/4/1990
70m	13.34	Mia Keen	7/03/2015	12.7	J. Merlino	2/09/1992
100m	18.38	Mia Keen	14/03/2015	18.0	C. Carter	2/09/1989
200m	42.3	Alice Abrahams	9/03/2019	40.2	C. Carter	2/09/1989
300m	1:10.96	Oceane Fatnowna	21/03/2025	1:09.19	Kais Smith	25/11/2023
Long Jump	2.60	J. Smith	30/9/1991	3.16	J. Merlino	2/09/1992
Discus	11.40	K. Cheyne	3/09/1992	12.08	Hamish Hardy	2/09/2001
Shot Put	4.84	K. Cheyne	3/09/1992	5.03	Kais Smith	9/03/2024

U7	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
50m	8.78	Mia Keen	20/02/2016	8.5	Reuban Owusu	3/02/2006
70m	12.24	Mia Keen	13/02/2016	11.8	C. Carter	2/09/1990
100m	17.5	Mia Keen	13/02/2016	16.30	M. Collins	30/04/2003
200m	36.77	Ella Plasto	11/11/2023	35.00	Kanoa Fatnowna	11/03/2023
300m	59.08	Ella Plasto	9/12/2023	1:00.49	Kais Smith	8/02/2025
Long Jump	3.10	Mia Keen	5/03/2016	3.40	Billy Harding	12/03/2016
Shot Put	5.81	Alexandra Pryor	8/03/2008	6.86	A. Burr	2/09/1989
Discus	14.56	C. Hendrickson	3/09/1990	18.50	C. Carter	2/09/1990

U8	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
50m	7.7	Chelsea Hosking	3/09/1995	7.2	M. Smith	2/09/1991
70m	11.1	H. McEwin	3/09/1989	11.1	Reuben Owusu	18/11/2006
100m	16.0	Grace O'Rourke	30/04/2003	15.6	M. Smith Jordan Martin	2/09/1991 27/10/2001
200m	34.26	Ella Plasto	1/03/2025	33.14	Kanoa Fatnowna	11/11/2023
400m	1:18.71	Ella Plasto	13/03/2021	1:17.6	Patrick Mills	2/09/1995
700m	2:30.81	Ella Plasto	8/02/2025	2:35.63	Kais Smith	25/10/2025
60m Hurdles	12.02	Ella Plasto	15/02/2025	11.59	Jack Tough	20/02/2021
700m Walk	4:23.4	Isla Hale	1/03/2025	4:37.3	John Ashleigh	29/10/2005
Long Jump	3.73	Ella Plasto	8/02/2025	3.67	Kanoa Fatnowna	15/03/2024
High Jump	1.05	Matilda Hoolihan	19/11/2022	1.10	Kanoa Fatnowna	2/03/2024
Shot Put	7.10	C. Hendrickson	3/09/1991	7.90	G. Patron	2/09/1989
Discus	16.44	Ella Plasto	15/02/2025	20.90	Patrick Mills	2/09/1995
Turbo Javelin	11.83	Ella Plasto	1/03/2025	16.02	Nate Vlastuin	7/02/2026

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U9	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
70m	10.76	Anastasia Peters	19/03/2023	10.2	D. Skiadopoulos	3/09/1998
100m	15.06	Harriette Chatain	21/03/2025	15.03	Jasper Sheehan	28/11/2009
200m	31.73	Ella Plasto	7/03/2026	31.59	Kanoa Fatnowna	1/03/2025
400m	1:11.62	Georgia Gibson	16/03/2024	1:11.27	Archie Simpson	16/03/2024
800m	2:46.50	Ella Plasto	13/12/2025	2:43.8	Oliver Horn	17/03/2018
60m Hurdles	11.1	M. Taylor Grace O'Rourke	19/09/2001 14/02/2004	10.9	L. Lodi	3/09/1997
700m Walk	3:50.94	Isla Hale	19/03/2023	3:03.8	A. Singer	3/09/1995
Long Jump	4.04	Ella Plasto	7/02/2026	4.18	Bradley Terry	1/12/2012
High Jump	1.21	Lily Martin	22/02/2020	1.21	M. Blakey	3/09/1991
Shot Put	7.28	E. Seluka	3/09/1993	7.50	Allan Brookman	3/09/1991
Discus	21.08	Nadia Hamson	3/09/2000	23.86	Patrick Mills	3/09/1996
Turbo Javelin	11.67	Ella Plasto	6/12/2025	14.66	Beau Collis	2/3/2024

U10	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
70m	10.5	A. Carmarrotto	3/09/1990	10.1	K. Griffith	3/09/1990
100m	14.7	Elise Challenger	26/01/2019	14.2	K. Griffith	3/09/1990
200m	30.61	Elise Challenger	9/03/2019	29.73	Kanoa Fatnowna	8/11/2025
400m	1:11.7	Mia Keen	2/03/2019	1:09.62	Archie Simpson	13/03/2025
800m	2:40.7	Bonnie Young	9/02/2019	2:34.4	D. O'Hara	3/09/1992
60m Hurdles	11.1	E. Lewis	3/09/1989	10.2	J. Rankin	3/09/1990
1100m Walk	6:00.9	Samantha Ramboer	17/03/2024	6:23.45	Beau Collis	7/12/2024
Long Jump	4.06	Bonnie Young	9/03/2019	4.39	G. Hodgson	3/09/1989
High Jump	1.35	Shannon Nutt	7/03/2009	1.30	Stuart Norgrove	3/10/1992
Shot Put	8.88	H. Botton	3/09/1993	9.40	M. Bailes	3/09/1998
Discus	27.21	Bonnie Young	9/03/2019	29.80	Patrick Mills	3/09/1998
Turbo Javelin	12.43	Lucinda Lange	18/02/2023	20.76	Beau Collis	8/03/2025

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U11	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
100m	13.9	Carmen Taylor	3/09/2000	13.65	Zane Brady	4/11/2017
200m	29.19	Elise Simpson	17/03/2018	27.7	Gavan Brookman	3/09/1989
400m	1:06..06	Elise Simpson	17/02/2018	1:02.8	N. Wadham	30/04/2003
800m	2:35.8	Sasha Grove	12/03/2016	2:26.9	Darcy DeVoy	12/03/2016
1500m	5:16.9	Keely Small	22/10/2011	4:53.41	Jim Gaffey	16/03/2024
80m Hurdles	14.12	Eva Plasto	15/02/2025	14.29	Cooper Kebblewhite	13/03/2021
1100m Walk	6:20.7	J. Bialecki	3/09/1996	6:22.4	Sebastian Young Kiefer Brennan	29/10/2016 29/10/2016
Long Jump	4.39	A. Blums	3/09/1989	4.72	Adrian Deck	3/09/1988
High Jump	1.43	Shannon Nutt	20/02/2010	1.43	Harvey Hood	24/02/2024
Triple Jump	9.38	Lotte Latukefu	25/11/2017	9.31	Max Juric	17/03/2018
Shot Put	9.49	Tiffany Johnston	17/03/2018	10.95	Johnathon Damianakis	28/02/2026
Discus	27.62	Bonnie Young	7/03/2020	31.91	Jackson Fleming	7/02/2026
Javelin	19.40	Josie Abrahams	22/02/2020	25.74	Ben Tyrell	3/09/1999

U12	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
100m	13.1	S. D'Silva	3/09/1990	13.4	Gavan Brookman	3/09/1990
200m	27.64	Lacey Lee	8/11/2025	27.47	Darcy DeVoy	19/11/2016
400m	1:01.49	Chloe Prstec	25/02/2023	1:03.5	Darcy DeVoy	29/10/2016
800m	2:21.39	Seleena Ramboer	18/11/2023	2:23.5	Luke Levay	12/03/2016
1500m	5:01.49	Chloe Prstec	24/03/2023	4:52.94	Patrick Maundrell	16/03/2024
80m Hurdles	14.46	Eva Plasto	28/02/2026	14.48	Cooper Kebblewhite	20/11/2021
1500m Walk	8:07.4	Caitlan Hosking	25/10/2008	8:23.1	Patrick Robinson	18/02/2017
Long Jump	4.87	A. Blums	3/09/1990	5.23	Gavan Brookman	3/09/1990
High Jump	1.48	A. Blums	3/09/1990	1.55	Thomas Hoogendoorn	15/12/2012
Triple Jump	9.77	Chloe Prstec	19/03/2023	10.28	Lachlan Mertz	12/03/2013
Shot Put	10.56	Bonnie Young	7/11/2020	10.91	Jacob Church	9/02/2013
Discus	29.90	Erin Prince	10/03/2007	34.93	Jacob Church	15/12/2012
Javelin	25.09	Melanie Lane	14/03/2009	30.16	Ben Tyrell	3/09/2000

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U13	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
100m	13.1	S. D'Silva	3/09/1991	12.62	Joshua Phongkham	10/11/2018
200m	27.39	Charlotte Nicholson	11/03/2017	25.89	Joshua Phongkham	27/10/2018
400m	59.6	Zoe Buckman	1/03/2002	59.02	Kieran Shepherd	1/04/2022
800m	2:16.25	Olivia Galang	22/03/2023	2:21.7	Luke Levay	19/11/2016
1500m	4:50.93	Olivia Galang	25/02/2023	4:51.5	Luke Levay	15/10/2016
80m Hurdles	14.16	Tara Wyllie	26/11/2016	13.00	Cooper Kebblewhite	23/03/2023
200m Hurdles	31.09	Faria Pasha	09/12/2023	28.99	Cooper Kebblewhite	22/03/2023
1500m Walk	7:29.3	Elizabeth Hosking	16/02/2008	8:14.1	Sebastian Young	2/03/2019
Long Jump	5.00	Caila Mcqueen	1/12/2001	5.29	Lachlan Mertz	5/11/2016
Triple Jump	10.30	Adela Russell	12/03/2016	11.10	Gavan Brookman	3/09/1991
High Jump	1.54	Catherine Wild Taylor	20/11/2004	1.64	Nicholas Buckland	28/02/2004
Shot Put	9.57	Tiffany Johnston	9/11/2019	12.24	Jacob Church	26/10/2013
Discus	35.86	Erin Prince	11/01/2008	41.61	Jacob Church	14/12/2013
Javelin	27.36	Isla Dennell	5/12/2020	34.13	Batu Byrne	17/03/2012

U14	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
100m	12.7	Colette Remonte Erin Prince	16/01/2009 16/01/2009	11.34	Sioeli Hifo	13/12/2024
200m	26.63	Charlotte Nicholson	11/11/2017	22.90	Sioeli Hifo	1/03/2025
400m	59.1	Zoe Buckman	30/04/2003	55.22	Kieran Shepherd	25/02/2023
800m	2:18.1	Zoe Buckman	30/04/2003	2:01.51	Kieran Shepherd	26/02/2023
1500m	5:06.6	Keely Small	14/11/2014	4:24.83	Kieran Shepherd	24/02/2023
80m Hurdles	13.08	Honey Proudfoot	2/11/2019			
90m Hurdles				14.23	Kiefer Brennan	22/02/2020
200m Hurdles	30.79	Honey Proudfoot	23/11/2019	28.8	Darcy Kinsella	12/12/2015
1500m Walk	7:00.50	Emma Grocott	26/02/2023	7:42.1	S. Archer	3/09/1998
Long Jump	5.09	Erin Prince	14/02/2009	5.83	Jacob Church	21/02/2015
Triple Jump	10.52	Tara Wyllie Afsa Chowdhury	4/11/2017 1/03/2025	12.76	Junior Tupou	12/12/2015
High Jump	1.58	Grace Brennan	2/10/2013	1.75	Nicholas Buckland	18/12/2004
Shot Put	10.54	Jasmin Wozniak	28/02/2004	16.01	Jacob Church	7/03/2015
Discus	35.86	Erin Prince	1/10/2008	48.71	Jacob Church	21/02/2015
Javelin	31.09	Emily Meiring	8/03/2025	41.44	Luke Hogan	3/09/2000

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U15	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
100m	12.7	V. Long	3/09/1996	11.7	Gavan Brookman	3/09/1993
200m	26.27	Honey Proudfoot	14/11/2020	24.3	Timothy Coates	10/11/2001
400m	59.09	Eloise Millington	20/02/2016	54.4	J. Collignon	3/09/1998
800m	2:23.0	Keely Small	21/11/2015	2:10.0	Finn Brennan	17/03/2018
1500m	4:58.5	Capella Maguire	7/03/2015	4:39.3	Finn Brennan	21/10/2017
90m Hurdles	13.63	Alexandra Pryor	20/02/2016			
100m Hurdles				14.9	J. Collignon	3/09/1998
300m Hurdles	51.08	Penny Renn	8/03/2025	46.27	Marco Gjorgievski	13/12/2025
1500m Walk	7:10.1	Ashleigh Resch	25/02/2012	8:07.6	Elliot Parker	5/03/2022
Long Jump	5.39	Grace Brennan	28/11/2014	6.17	Junior Tupou	15/10/2016
Triple Jump	11.39	Eloise Millington	12/03/2016	12.83	Junior Tupou	22/10/2016
High Jump	1.62	Hope Watson	30/04/2003	1.77	Gavan Brookman	3/09/1993
Shot Put	10.58	Jasmin Wozniak	20/11/2004	13.05	Lachlan Baynham	17/12/2011
Discus	32.10	Rachel Alchin	27/10/2012	50.66	Deion Pryor	25/01/2014
Javelin	28.74	Ashleigh Green	28/11/2020	39.82	Batu Byrne	22/02/2014

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U16	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
100m	12.68	Siena Towndrow	15/12/2023	11.72	Benjamin Crowley	30/11/2019
200m	26.28	Tara Wyllie	9/03/2019	23.71	Thomas Madigan	22/02/2026
400m	57.58	Keely Small	11/02/2017	52.80	Thomas Madigan	22/02/2026
800m	2:17.63	Chloe Prstec	22/02/2026	2:01.51	William Polinelli	24/02/2023
1500m	4:50.4	Keely Small	15/10/2016	4:37.1	Jacob Shepherd	26/02/2022
90m Hurdles	14.15	Tara Wyllie	10/11/2018			
100m Hurdles				14.27	Abayomi Adeyemi	21/01/2017
300m Hurdles	48.24	Winnie Herring	04/03/2023	44.08	Kai Fuhrman	13/12/2025
1500m Walk	7:09.6	Ashleigh Resch	3/11/2012	8:18.6	Pierce Brennan	2/03/2019
Long Jump	5.16	Lillian Van Ewyk	22/02/2014	6.16	James Smith	15/12/2012
Triple Jump	11.10	Tara Wyllie	19/01/2019	13.68	Thomas Hoogendoorn	11/03/2017
High Jump	1.59	Jennifer Alley	24/02/2018	1.84	Kai Fuhrman	8/11/2025
Shot Put	10.65	Alexandra Pryor	28/01/2017	12.41	Lachlan Baynham	20/10/2012
Discus	35.36	Erin Prince	20/11/2010	46.12	Deion Pryor	7/03/2015
Javelin	29.45	Kelsey Barsley	18/10/2014	45.12	Batu Byrne	7/02/2015

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U17	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
100m	12.93	Erin Prince	11/11/2011	11.52	Abayomi Adeyemi	10/03/2018
200m	26.88	Winnie Herring	4/02/2024	23.76	Abayomi Adeyemi	11/11/2017
400m	1:03.20	Winnie Herring	28/10/2023	54.15	Abayomi Adeyemi	17/02/2018
800m	2:28.3	Hanna Lukowski	22/10/2016	2:01.77	Jacob Shepherd	24/02/2023
1500m	5:27.55	Alexis Dinale	2/3/2024	4:05.99	Jacob Shepherd	26/02/2023
100m Hurdles	15.64	Winnie Herring	2/3/2024			
110m Hurdles				16.74	Ethan Watkins	18/11/2023
300m Hurdles	46.52	Winnie Herring	2/3/2024	45.11	Elliot Parker	2/3/2024
1500m Walk	6:58.8	Ashleigh Resch	16/11/2013	8:13.3	Elliot Parker	25/11/2023
Long Jump	4.99	Erin Prince	4/02/2012	6.51	Erek Lukowski	17/02/2018
Triple Jump	11.40	Eloise Millington	4/11/2017	13.92	Erek Lukowski	27/01/2018
High Jump	1.70	Jennifer Alley	27/10/2018	1.86	Erek Lukowski	3/03/2018
Shot Put	10.75	Ashleigh Green	24/03/2023	12.19	Deion Pryor	31/10/2015
Discus	35.39	Erin Prince	11/11/2011	42.76	Deion Pryor	20/02/2016
Javelin	28.53	Katherine Alley	27/10/2018	43.69	Erek Lukowski	28/10/2017

U20	Women			Men		
Event	Record	Name	Date	Record	Name	Date
100m	15.58	Georgia Nano	16/11/2024	12.71	Elliot Parker	13/12/2024
200m	31.83	Mollie Kennedy	9/11/2024	27.80	Elliot Parker	9/11/2024
400m	1:16.74	Mollie Kennedy	8/02/2025	57.39	Elliot Parker	23/11/2024
800m	3:03.96	Mollie Kennedy	12/10/2024	2:23.11	Chris Valzano	12/10/2024
1500m	6:40.85	Mollie Kennedy	8/02/2025	5:04.75	Chris Valzano	15/03/2025
100m Hurdles	21.34	Georgia Nano	2/11/2024			
110m Hurdles						
300m Hurdles	44.47	Imogen Johnston	16/11/2024	45.75	Elliot Parker	16/11/2024
1500m Walk	10:07.9	Mollie Kennedy	15/02/2025	8:33.18	Elliot Parker	16/11/2024
Long Jump	3.95	Georgia Nano	23/11/2024	5.43	Elliot Parker	13/12/2024
Triple Jump	10.14	Winnie Herring	12/10/2024	12.04	Elliot Parker	2/11/2024
High Jump	1.30	Ruby Matthews	7/12/2024	1.65	Elliot Parker	19/10/2024
Shot Put	7.20	Charlotte Roach	15/11/2025	9.35	Elliot Parker	16/11/2024
Discus	21.20	Charlotte Roach	7/03/2026	25.44	Ethan Watkins	12/10/2024
Javelin	17.87	Ruby Matthews	19/10/2024	34.77	Ethan Watkins	26/10/2024

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Open	Women			Men		
Event	Record	Name	Date	Record	Name	Date
100m	14.22	Alexandra Chapman	29/11/2025	12.69	Jackson Braybrooks	14/03/2026
200m	29.74	Alexandra Chapman	6/12/2025	26.14	Jackson Braybrooks	7/03/2026
400m	1:24.09	Jo Simpson	25/10/2025	1.28.70	Michael Hitchens	31/01/2026
800m	3:20.40	Alexandra Chapman	6/12/2025	3:00.53	Lachlan Simpson	11/10/2025
1500m				5:51.28	Lachlan Simpson	18/10/2025
100m Hurdles						
110m Hurdles						
300m Hurdles	57.47	Alexandra Chapman	15/11/2025			
1500m Walk	11:35.60	Alexandra Chapman	1/11/2025			
Long Jump	4.12	Alexandra Chapman	15/11/2025	3.35	Michael Hitchens	14/03/2026
Triple Jump	8.32	Alexandra Chapman	7/02/2026	5.86	Michael Hitchens	7/02/2026
High Jump	1.25	Alexandra Chapman	8/11/2025	1.10	Michael Hitchens	6/12/2026
Shot Put	6.15	Alexandra Chapman	15/11/2025	6.04	Michael Hitchens	7/02/2026
Discus	17.27	Alexandra Chapman	6/12/2025			
Javelin				13.82	Michael Hitchens	31/01/2026

Woden Thunder Athletics Meet Records

Historical Non-Current Specification Records

U7	Girls			Boys		
Event	Record	Name	Date	Record	Name	Date
400m	1:26.56	Ella Plasto	15/12/2023	1:27.59	Kanoa Fatnowna	21/01/2023
U8						
800m	3:05.0	Alice Abrahams	13/02/2021	2:54.4	Sam Rizzuto	12/03/2016
U11						
60m Hurdles	10.7	K Rollason	3/09/1989	10.4	Patrick Mills	3/09/1998
U12						
60m Hurdles	10.6	Chelsea Hosking	3/09/1999	10.10	Gavan Brookman	3/09/1990
U15						
200m Hurdles	29.3	Eloise Millington	12/12/2015	27.37	Abayomi Adeyemi	12/03/2016
U16						
200m Hurdles	30.42	Tara Wyllie	2/03/2019	26.97	James Smith	7/12/2012