

Athlete of the Week #5

1. Name: Riley McGown

2. Age: 21 years old

3. Preferred Events & PB's:

800m - 2:04.00

4. How did you start athletics?

A. I started athletics as a youngster back in primary school.

5. What is your favorite food post competition?

A. My number one go to food is a huge burger from Grill'd!

6. How do you enjoy your free time away from school/work and athletics?

A. I am currently a university student studying 'Sport and Exercise Science' so at this point I have no free time away from study.

7. If you could do anything in the world, what would it be?

A. I'm really keen on the idea of travelling to remote locations such as Peru and a few other off the grid locations.

8. What's your dream job and why?

A. My absolute dream job would be to become a 'Strength & Conditioning Coach' with the Australian Institute of Sport.

9. Who inspires you most in life?

A. The inspirational speaker Tony Robbins.

10. Which three movies/TV shows do you most enjoy?

A. White Chicks, We're the Millers & 8 Mile.

